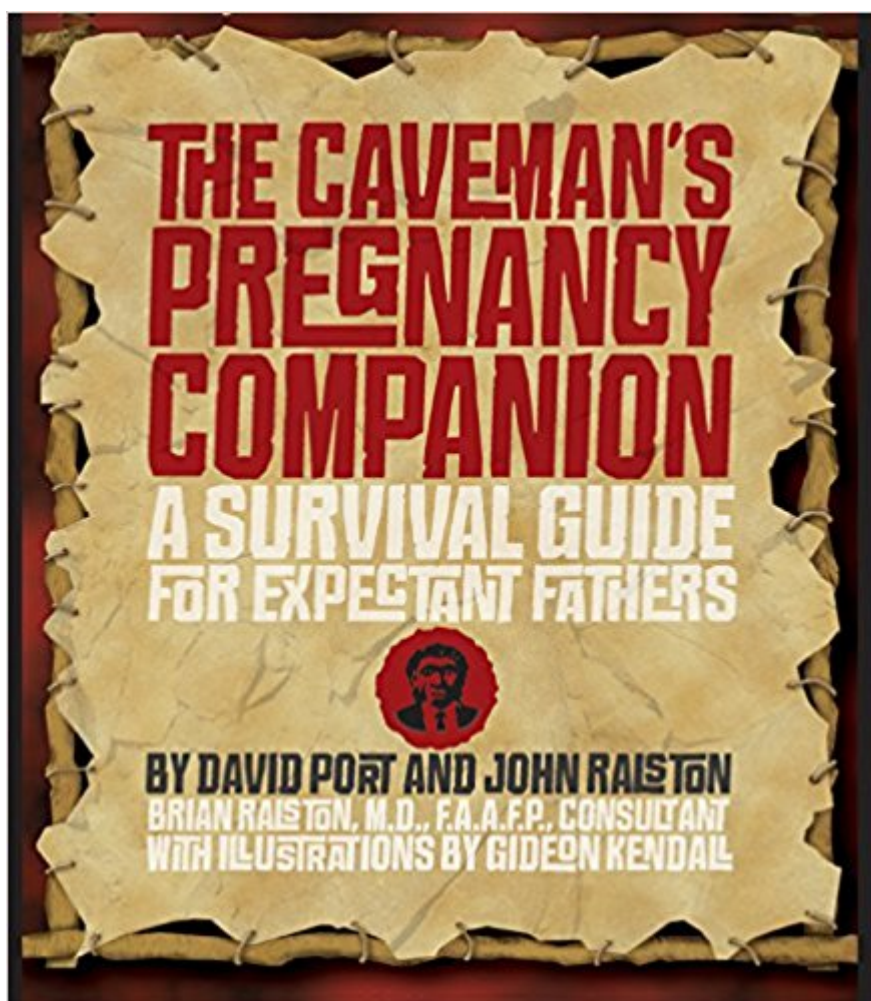


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# The Caveman's Pregnancy Companion: A Survival Guide For Expectant Fathers



## Synopsis

A three-trimester evolutionary crash course to guide the prehistoric papa-to-be through the prenatal, preparental wilderness. Every man should read it! What's a clueless caveman about to become DAD to do? After all, it's tough carrying a child for nine months; for him as well as for her. He's just not sure how to behave. But help is on hand, in the form of a reassuring (and hysterically funny) course for the totally perplexed. Along with a large dose of humor, it provides the father-to-be with all the know-how he needs to become a well-prepared, well-heeled partner who's really ready to stand upright and embrace his new responsibilities; rather than cowering from them. Every cave-student will find out how to support his mate through this emotional time, cope with his own feelings, deal with baby-related projects, and perform admirably during labor and delivery. So whether it's catering to his exhausted companion's needs by preparing a nutritional and tasty meal or engaging in a snuggle session when she craves a little cuddling, with the help of this book a guy will become the proud Cro-Magnon caregiver he longs to be!

## Book Information

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## Customer Reviews

This engagingly entertaining and instructive pregnancy guide is based on the conceit that most men are "twenty-first-century Cro-Magnons" at those times when an expectant father "stops, scratches his head, and mutters to his woman, 'I don't get it.'" What is immediately obvious about the book, however, is that it is actually a superb overview of the birthing experience and is a perfect

companion to a classic like *What to Expect When You're Expecting*. But the *Cro-Magnon* conceit is what will make this a perennial gift book for expectant fathers, since even the most enlightened male might not initially be interested in learning about prenatal massages, amniocentesis and a wonderful range of easy meals to prepare for a tired spouse, all of which this book expertly details. Best of all, to serve as the reader's mentor and guide before and during childbirth, first-time authors Port and Ralston introduce a typical modern caveman named Gronk ("Role Models: John Belushi"), whose deer-in-the-headlights reactions to subjects such as sex during pregnancy are delightfully drawn by Kendall. (July) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Bought this gift for a friend who was expecting his first baby and I didn't really like it. It had good information but I felt it was written in a way that kind of talked down to men. I know it was meant to be humorous and easy to understand but I wasn't thrilled.

We ordered this book for my husband but he hasn't been too thrilled with it. We had gotten another daddy-to-be book that he liked much better. The way this is written is kind of silly.

I got this book at the referral of a close friend that had his son last year. Instead of drinking beers talking about football we were talking about this book and babies. I ordered this book for next to nothing and came within a few days. I have read almost all of it and it is a good book. A lot of what is in the book has come true with things she does and says. All of this is a good thing and the book helps a new future father like myself. Worth buying at used or new price.

I found this book to be very helpful, and written in a way that I could appreciate. This was a much better read for me than other pregnancy books, especially because it teaches many life skills and tips that were very helpful. My wife especially appreciated the chapter on massage technique.

A bit condescending to men, but full of useful information.

my fiance found this helpful. this is our first pregnancy and he's been doing such a great job because of this book!

This product came in looking great and my sister's fiancé loves it! He said this was the best

pregnancy book he has seen. Liked it better than "What to Expect when you're Expecting" this book puts it in a man's perspective and helps them to understand what their partner is going through! Would recommend it to any new father that feels like they could use a little help, and comic relief!

It should be a requirement that all husbands read this book when their wife is pregnant! I'm 39 weeks and it wasn't until I gave this book to my husband that he seemed to have a better understanding of pregnancy!

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